



# **Alabama Breastfeeding Resource Guide 2016**



## Breastfeeding Resource Guide Changes

Please make any changes that may have occurred within your clinic, hospital or area.

Breastfeeding Counselor(s)/Credentials: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Place of Employment: \_\_\_\_\_ Phone: \_\_\_\_\_

County: \_\_\_\_\_

Prenatal Breastfeeding Class? Yes \_\_\_\_\_ No \_\_\_\_\_

Postpartum Breastfeeding Support Group? Yes \_\_\_\_\_ No \_\_\_\_\_

Breast Pump Rental Station? Yes \_\_\_\_\_ No \_\_\_\_\_

La Leche League Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Additional information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please send changes to: Fax: (334) 206-2914  
Email: [Michell.Grainger@adph.state.al.us](mailto:Michell.Grainger@adph.state.al.us) or  
Mail: Michell Grainger, MSN, RNC-OB, IBCLC  
Alabama Department of Public Health  
Division of WIC, Suite 1300  
P.O. Box 303017  
201 Monroe Street  
Montgomery, AL 36130-3017

## Table of Contents

Breastfeeding Resource Guide Change Form.....page 2

Table of Contents.....page 3

Area Nutrition Directors and Counties.....page 25

<b>County</b>	<b>Page</b>	<b>County</b>	<b>Page</b>	<b>County</b>	<b>Page</b>
Autauga	4	Etowah	9	Pike	19
Baldwin	4	Fayette	9	Poarch Creek	19
Barbour	4	Franklin	9	Randolph	19
Bibb	5	Geneva	10	Russell	19
Blount	5	Greene	10	Shelby	19
Bullock	5	Hale	10	St. Clair	20
Butler	5	Henry	10	Sumter	20
Calhoun	5	Houston	10	Talladega	20
Chambers	6	Jackson	11	Tallapoosa	20
Cherokee	6	Jefferson	11-12	Tuscaloosa	21
Chilton	6	Lamar	12	Walker	21
Choctaw	6	Lauderdale	13	Washington	21
Clarke	6	Lawrence	13	Wilcox	21
Clay	6	Lee	13	Winston	22
Cleburne	6	Limestone	13		
Coffee	6-7	Lowndes	14		
Colbert	7	Macon	14		
Conecuh	7	Madison	14-15		
Coosa	7	Marengo	15		
Covington	7	Marion	15		
Crenshaw	7	Marshall	15-16		
Cullman	8	Mobile	16-17		
Dale	8	Monroe	17		
Dallas	8	Montgomery	17-18		
Dekalb	8	Morgan	18		
Elmore	9	Perry	18		
Escambia	9	Pickens	18		

## Autauga County

### **WIC Breastfeeding Counselors 334-361-3743**

- Jennifer Holtzscher, RD
- Kathy Ricks, R.D.N.
- Nicole Smith, NA

### **Breast Pump/Supplies**

- Autauga County Health Dept.  
334-361-3743

## Baldwin County

### **WIC Breastfeeding Counselors (Bay Minette) 251-937-6935**

- Lori V. Nesmith, NA

### **WIC Breastfeeding Counselors (Robertsdale) 251-947-1910**

- Sharon Eiland, RD
- Liane Overton, RD

### **WIC Breastfeeding Counselors (South Baldwin-Foley) 251-943-7260**

- Alana Salter, RD

### **North Baldwin Infirmary**

- Gena Cash, BSN, RN  
251-580-1782

### **South Baldwin Regional Medical Center 251-949-3677**

- Robin Fillingame, BSN, RN, CLC

### **Thomas Hospital 251-279-1478**

- Mary Ann Roh, RNC
- Allison Wright, RN, CLC
- Sandee Nabors, RN, CLC, IBCLC
- Cynthia Corte, RN, IBCLC
- Scotty Thompson, RN, IBCLC

## Baldwin County

### **Prenatal Breastfeeding Classes**

- Allison Wright or Sandee Nabors  
Thomas Hospital, 251-279-1478
- North Baldwin Infirmary,  
251-239-2296
- South Baldwin Regional Medical  
Center  
251-949-3676

### **Breast Pump/Supplies**

- Baldwin County Health Dept.  
251-937-6935 (Bay Minette)
- Baldwin County Health Dept.  
251-947-1910 (Robertsdale)
- Baldwin County Health Dept.  
251-943-7260( South Baldwin WIC  
Program )

### **La Leche League Contacts**

## Barbour County

### **WIC Breastfeeding Counselors 334-687-4808 or 334-775-8324**

- Darlene Hicks, RD
- Theresa Person, RN

### **Breast Pump/Supplies**

- Barbour County Health Dept.  
334-687-4808

## Bibb County

### **WIC Breastfeeding Counselors 205-926-0702**

- Sandy Wilson, NA
- Sailaja Reddy, RD

### **Prenatal Breastfeeding Classes**

### **Breast Pump/Supplies**

- Bibb County Health Dept.  
205-926-9702

## Blount County

### WIC Breastfeeding Counselors 205-274-2120

#### Prenatal Breastfeeding Classes

- Blount County Health Dept.  
205-274-2120 offered in English  
and Spanish

#### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

#### Breastfeeding Support Classes

- Blount County Health Dept.  
205-274-2120 offered in English  
and Spanish

#### Breast Pump/Supplies

- Blount County Health Dept.  
205-274-2120

## Bullock County

### WIC Breastfeeding Counselors 334-738-3030

- Tracy Johnson, NA

#### Breast Pumps/Supplies

- Bullock County Health Dept.  
334-738-3030

## Butler County

### WIC Breastfeeding Counselors 334-382-3154

- Debra Butler, RN
- Kristi Kilpatrick, RN

#### Breast Pumps/Supplies

- Butler County Health Dept.  
334-382-3154

## Calhoun County

### WIC Breastfeeding Counselors 256-237-7523

- Cathryn Bates, NA
- Rebecca Dawson, NA
- Jenny Adams, RD, LD

### Regional Medical Center 256-235-5132

- Kim Hurst, RN, BSN, IBCLC, CCE
- Jennifer Gallahar, RN, BSN, IBCLC,  
CCE
- Amanda Henry, BSN, IBCLC
- Andrea Record, RN, IBCLC
- Denise Adcock, RN, IBCLC
- Kasey Bittle, RN, IBCLC
- Katie Christeson, RN, IBCLC

### Postpartum Breastfeeding Support Group

- Regional Medical Center  
256-235-5132

#### Prenatal Breastfeeding Classes

- Regional Medical Center  
256-235-5132

#### Breast Pump/Supplies

- Calhoun County Health Dept.  
256-237-7523
- Regional Medical Center  
256-235-5132

## Chambers County

### WIC Breastfeeding Counselors 334-756-0758

- Jenny Knox, RD

### Lanier Memorial Hospital 334-756-1625

- Mattie Monagen, RN, NM

#### Prenatal Breastfeeding Classes

- Lanier Memorial Hospital  
334-756-0758

## Chambers County

### Breast Pump/Supplies

- Chambers County Health Dept.  
334-756-0758

## Cherokee County

### WIC Breastfeeding Counselors 256-927-3132

- Darlene Wallace, NA,

### Dekalb Regional Medical Center 256-997-2423

- Martie Raymond, RN
- Joan Matthews, RN, IBCLC  
256-997-2423 or 256-997-2425

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Breast Pump/Supplies

- Cherokee County Health Dept.  
256-927-3132

## Chilton County

### WIC Breastfeeding Counselors 205-755-1287

- Amy Cleckler, NA
- Kathy Ricks, R.D.N.
- Nicole Smith, NA

### Prenatal Breastfeeding Classes

### Breast Pump/Supplies

- Chilton County Health Dept.  
205-755-1287

## Choctaw County

### WIC Breastfeeding Counselors 205-459-4026

### Prenatal Breastfeeding Classes

- Choctaw County Health Dept.  
205-459-4026 or 205-459-4037

## Clarke County

### WIC Breastfeeding Counselors 251-275-3772

- Ginger Busby, RN

### Breast Pump/Supplies

- Clarke County Health Dept.  
251-275-3772

## Clay County

### WIC Breastfeeding Counselors 256-396-6421

- Jenny Knox, RD

### Breast Pump/Supplies

- Clay County Health Dept.  
256-396-6421

## Cleburne County

### WIC Breastfeeding Counselors 256-463-2296

- Jenny Adams, RD, LD

### Breast Pump/Supplies

- Cleburne County Health Dept.  
256-463-2296

## Coffee County

### WIC Breastfeeding Counselors 334-347-9574

- Deborah Curran, RD
- Emily Ziglar, RN

### Medical Center Enterprise

- Sue Kilpatrick, RN  
334-347-0584 ext 8253  
334-347-3305 (H)

### Prenatal Breastfeeding Classes

- Medical Center Enterprise  
334-392-8733 or 334-348-8822

## Coffee County

### Breast Pump/Supplies

- Coffee County Health Dept.  
334-347-9574

### La Leche League Contacts

- [wiregrasslll@gmail.com](mailto:wiregrasslll@gmail.com) or  
334-377-3811

## Colbert County

### Breastfeeding Counselors WIC

256-383-1231

- Irina Flannagin, RN,

### Helen Keller, Hospital

256-386-4162

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Prenatal Breastfeeding Classes

- Helen Keller Hospital  
256-386-4162

### Breast Pump/Supplies

- Colbert County Health Dept  
256-383-1231

### La Leche League Contacts

- Sue-256-320-8084
- Leighanne-256-577-2868

## Conecuh County

### WIC Breastfeeding Counselors

251-578-1952

- Liane Martin, RD

### Prenatal Breastfeeding Classes

### Breast Pump/Supplies

- Conecuh County Health Dept.  
251-578-1952

## Coosa County

### WIC Breastfeeding Counselors

256-377-4364

- Jenny Knox, RD

### Breast Pump/Supplies

- Coosa County Health Dept.  
256-377-4364

## Covington County

### WIC Breastfeeding Counselors

334-222-1175

- Edna Cunningham, NA
- Teresa Marshall, RN

### Andalusia Regional Hospital

334-222-8466

- Sharon Norris, RN, CLC

### La Leche League Contact

- Sara Goolsby  
334-858-3683

### Breast Pump/Supplies

- Covington County Health Dept.  
334-222-1175

### Prenatal Breastfeeding Classes

### Postpartum Breastfeeding Support Group

- Sandra Davis, RN, Andalusia  
Regional Hospital 334-222-8466

## Crenshaw County

### WIC Breastfeeding Counselors

334-335-2471

- Patty Rushing, RN

### Breast Pump/Supplies

- Crenshaw County Health Dept.  
334-335-2471

## Cullman County

### WIC Breastfeeding Counselors 256-734-1030

- Anita Batemon, RN

### Cullman Regional Medical Center 256-737-2221

#### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

#### Prenatal Breastfeeding Classes

- Cullman County Health Department  
256-734-1030
- Cullman Medical Center  
256-737-2221

#### Postpartum Breastfeeding Support Group

- Cullman Medical Center  
256-737-2221

#### Breast Pump/Supplies

- Cullman County Health Dept.  
256-734-1030

#### La Leche League Contact

## Dale County

### WIC Breastfeeding Counselors 334-774-5146

- Maleia Reynolds, RN
- Virginia Sexton, RN

#### Breast Pump/Supplies

- Dale County Health Dept.  
334-774-5146

#### La Leche League Contacts

- Kimberly , 334-791-2494
- Jodie, 334-596-2629

## Dallas County

### WIC Breastfeeding Counselors 334-874-2550 or 334-877-2809

- Rebecca Stewart, RD  
334-877-2841
- Rachel Todd, RD  
334-877-2842
- Amy Lightfoot, NA  
334-877-2840

### Vaughan Regional Medical Center 334-418-4405

- Eddie Jo Howard, RNC

#### Breast Pump/Supplies

- Dallas County Health Dept  
334-874-2550

## DeKalb County

### WIC Breastfeeding Counselors 256-845-1931

- Teresa Alexander, RD, LD

#### Dekalb Regional Medical Center

- Joan Mathews, RN, IBCLC  
256-997-2423 or 256-997-2425

#### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

#### Prenatal Breastfeeding Classes

#### Breast Pump/Supplies

- Dekalb County Health Dept.  
256-845-1931
- Marsha Bearden, RN, IBCLC  
256-528-7953
- Joan Mathews, RN, IBCLC  
256-997-2423 or 256-997-2425



## Elmore County

### WIC Breastfeeding Counselors 334-567-1171

- Nicole Smith, NA
- Kathy Ricks, R.D.N.
- Amy Cleckler, NA

### Breast Pump/Supplies

- Elmore County Health Dept.  
334-567-1171

## Escambia County

### WIC Breastfeeding Counselors

- Phyllis Redmon, NA, Brewton  
251-867-5765
- Lori V. Nesmith, NA, Atmore  
251-368-9188

### Breast Pump/Supplies

- Escambia County Health Dept.  
Atmore  
251-368-9188
- Escambia County Health Dept.  
Brewton  
251-867-5765

## Etowah County

### WIC Breastfeeding Counselors 256-547-6311

- Tresea Williams, RD, LD

### Gadsden Regional Medical Center, 256-494-4231

- April Mitchell, RN, IBCLC
- Melissa Cone, RN, IBCLC

### Postpartum Breastfeeding Support Groups

- Regional Medical Center, Gadsden  
256-494-4334

## Etowah County

### Breast Pump/Supplies

- Etowah County Health Dept.  
256-547-6311
- The New You  
256-546-6398

## Fayette County

### WIC Breastfeeding Counselors 205-932-5260

- Denise Hamm, RD, LD

### Prenatal Breastfeeding Classes

### Breast Pump/Supplies

- Fayette County Health Dept  
205-932-5260

## Franklin County

### WIC Breastfeeding Counselors 205-332-2700

- Wanda Wells, RN

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Breast Pump/Supplies

- Franklin County Health Dept.  
205-332-2700

### La Leche League Contacts

- Rebecca 256-460-0640

## Geneva County

### **WIC Breastfeeding Counselors 334-684-2257**

- Morgan Finch, RN

### **Breast Pump/Supplies**

- Geneva County Health Dept.  
334-684-2257

### **La Leche League Contacts**

- Kimberly, 334-791-2494
- Jodie, 334-596-2629

## Greene County

### **Breastfeeding Counselors WIC, 205-372-9361**

- Dorinda Jones, NA

### **Breast Pump/Supplies**

- Greene County Health Dept.  
205-372-9361

## Hale County

### **Breastfeeding Counselors WIC, 334-624-3018**

- Jane Neill, RD

### **Breast Pump/Supplies**

- Hale County Health Dept.  
334-624-3018

## Henry County

### **WIC Breastfeeding Counselors 334-585-2660**

- Stacy Anderson, RN

### **Breast Pump/Supplies**

- Henry County Health Dept.  
334-585-2660

## Houston County

### **WIC Breastfeeding Counselors 334-678-2800**

- Karen Campbell, RD
- Lakresha Tucker, RN

### **Southeast Alabama Medical Center, 334-673-4141**

### **Flowers Hospital**

**334-794-5000, Ext. 1577**

### **Prenatal Breastfeeding Classes**

- Southeast Alabama Medical Center  
334-712-3336
- Flowers Hospital  
334-794-5000, Ext. 1950

### **Breast Pump/Supplies**

- Houston County Health Dept.  
334- 678-2800
- Southeast Alabama Medical Center  
Women's Center Boutique  
334-699-4811 (retail) or  
334-673-4141 (rental)

### **La Leche League Contacts**

- 334-377-3811

### **Postpartum Breastfeeding Support Group**

- Southeast Alabama Medical Center,  
334-673-4141

## Jackson County

### WIC Breastfeeding Counselors 256-259-4161

- Robin Thornberry, RD
- Melissa McLaughlin, RN

### Highlands Medical Center 256-218-3340

- Margaret Pierce, RN, IBCLC

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Breast Pump/Supplies

- Jackson County Health Dept.  
256-259-4161

### Prenatal Breastfeeding Classes

- Jackson County Health Dept.  
256-259-4161
- Highlands Medical Center  
256-218-3340 or  
256-259-4444, ext 3340

### Postpartum Breastfeeding Support Groups

- Highlands Medical Center  
256-218-3340 or  
256-259-4444, ext 3340

### La Leche League Contacts

- Jana - 256-455-4746

## Jefferson County

### Central Health Center 205-930-1150

- Anita Floyd, RD, LD

### Western Health Center 205-715-6121

- Laura Morrison, RD, LD
- Marguerite Gorman, RD, LD
- Monica Sodipe, RD, LD

## Jefferson County

### Eastern Health Center 205-591-5180

- Natalie Clements, , RD, LD
- Lindsay Adler, RD

### Morris Health Center 205-933-4242

- Barbi Moore, RD, LD

### Brookwood Medical Center (Kaye Dahle Lactation Center) 205-877-1978

- Glenda Dickerson, RN, MS, IBCLC,  
Lactation Services Manager
- Pat Spargo, RN, IBCLC
- Connie Carlisle, RN, IBCLC
- Kay Waters, RN, IBCLC
- Jennifer Sims, RN, IBCLC
- Leisha Bell, RN, IBCLC
- Audrey O'yama, RN, IBCLC
- Jan Nichols. RN, IBCLC
- Joy Riddle, RN, IBCLC
- Marcella Bennett, RN, IBCLC
- Ann Pace, RN, IBCLC
- Shayla Montgomery, RN, CLC

### UAB Women and Infant Center 205-975-8334

- Barbara Vinson, MS, RN, IBCLC
- Donna Mason, RN, IBCLC
- Kristy Gullede, MS, RN, IBCLC
- Cheryl Smith, RN, IBCLC
- Angela Shorter, RN, IBCLC
- Anna Koopman, RN, IBCLC
- Joyce Roberson, RN, IBCLC
- Kimberly Scott, RN, IBCLC
- Latonya Robinson, RN, IBCLC
- Lisa Schnader, RN, IBCLC
- Martha Hackney, RN, IBCLC
- Mary K. Buzhardt, RN, IBCLC
- Katie Kretzschmar, RN, IBCLC
- Sylvia Edwards, RN, IBCLC

## Jefferson County

### **UAB Medical West 205-481-7180**

- Cathy Nichols, RN, Nurse Manager

### **St. Vincent's East 205-838-3640**

- Jeanni Orazine, RN, IBCLC

### **St. Vincent's Hospital 205-939-7538**

- Gail Burns, RN, BS, IBCLC
- Jennie Segars, RN, IBCLC
- Rosie Miller, RN, IBCLC
- Nita Donelson, RN, IBCLC
- Sharon Stewart, RN, IBCLC
- Mary Maloney, RN, IBCLC
- Heidi Powell, RN, IBCLC
- Diane Key, RN, IBCLC
- Jennifer Speakman, RN, IBCLC

### **Children's Hospital 205-638-6600**

- Linda Keeney, RN, IBCLC
- Laura Wassermann, RN, IBCLC
- Jeanette Twa, RD, IBCLC

### **Grandview Medical Center 205-917-1684**

### **Baptist Medical Center Princeton 205-783-7174**

- Marcia Davis, RNC, IBCLC

### **Prenatal Breastfeeding Classes**

- Trinity Medical Center  
205-592-1684

### **Prenatal Breastfeeding Classes**

- Brookwood Medical Center  
205-877-1978
- St. Vincent's East  
205-939-7878 (to register )  
205-838-3640
- The Good Health School  
St. Vincent Hospital  
205-939-7076

## Jefferson County

- Shelby Baptist Medical Center  
205-620-8262
- UAB Women and Infant Center  
205-975-8334

### **Postpartum Breastfeeding Support Groups**

- UAB Women and Infant Center  
205-975-8334
- Baptist Medical Center Princeton  
205-783-7174
- Shelby Baptist Medical Center  
205-620-8262
- Brookwood Medical Center  
205-877-1978

### **La Leche League Contact (Birmingham South)**

- Dawn 205-988-0594
- Madison 601-938-0338
- Jackie 361-648-9329
- Kris 205-520-6672

### **Breast Pump/Supplies**

- Brookwood Medical Center  
205-877-1978
- St. Vincent's Hospital  
205-939-7538
- St. Vincent's East  
205-838-3640

## Lamar County

### **WIC Breastfeeding Counselors 295-695-9195**

- Denise Hamm, RD, LD

### **Breast Pump/Supplies**

- Lamar County Health Department  
205-695-9195

## Lauderdale County

### WIC Breastfeeding Counselors 256-764-7453

- Danna Rutz, RD, LD
- Janice Wittscheck, RN

### Eliza Coffee Memorial Hospital 256-768-9525

- Jennifer Cross, RN, IBCLC
- Emily Broussard, RN, IBCLC

### Other Counselors

- Rosanna Ledbetter, RN, IBCLC  
OB-Gyn Associates of NW AL  
256-718-5900

### Prenatal Breastfeeding Classes

- Eliza Coffee Memorial Hospital,  
256-768-9525

### Breast Pump/Supplies

- Lauderdale County Health Dept.  
256-764-7453

### La Leche League Contacts

- <http://www.lllallmsla.org/lll-groups/alabama-groups/lauderdale-county/>

## Lawrence County

### WIC Breastfeeding Counselors 256-974-1141

- Emily Elkins, RN
- Jill Kelley, RN
- Cathy Sanderson, RN

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Breast Pump/Supplies

- Lawrence County Health Dept.  
256-974-1141

## Lee County

### WIC Breastfeeding Counselors 334-745-5765

- Serra Bilgili, NA

### East Alabama Medical Center, 334-528-3709

- Cheryl Adams, RN, IBCLC
- Angela Hamby, RN, IBCLC
- Brianna Woods, RN, IBCLC

### Other Counselors

- Jessica-Lauren Roberts Newby, MA,  
RD, IBCLC  
334-844-2591 Auburn University

### Prenatal Breastfeeding Classes

- East Alabama Medical Center,  
334-528-3709

### Breast Pump/Supplies

- Lee County Health Dept.  
334-745-5765
- Mother's Nook  
East Alabama Medical Center  
334-528-3600

### Postpartum Breastfeeding Support Groups

- East Alabama Medical Center  
334-528-3709

### La Leche League Contact

- 334-257-3950

## Limestone County

### Breastfeeding Counselors WIC, 256- 232-3200

- LeAnn Barron, NA
- Jessie Simmons, RD, LD

### Athens-Limestone Hospital 256-233-9536

- Anne Sheaves, RN, IBCLC
- Tracie Bullock, RN, CLC

## Limestone County

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Prenatal Breastfeeding Classes

- Athens-Limestone Hospital  
256-233-9490 Call before plan to  
attend

### Breast Pump/Supplies

- Limestone County Health Dept,  
256-232-3200
- Athens Pharmacy  
256-232-2242

## Lowndes County

### WIC Breastfeeding Counselors 334-548-2564

- Rachel Todd, RD

### Breast Pump/Supplies

- Lowndes County Health Dept.  
334-548-2564

## Macon County

### WIC Breastfeeding Counselors 334-727-1800

- Tracey Johnson, NA

### Breast Pump/Supplies

- Macon County Health Dept.  
334-727-1800

## Madison County

### WIC Breastfeeding Counselors 256-533-0826

- Kashera Sims, MS, RD
- Valerie Tabor, MS, RD
- Sheryl Gilbreath, MS, NA
- Tenaja Ali, NA

### Huntsville Hospital Women's Center 256-265-7285

- Kelly Shewbart, RN, IBCLC
- Cindy Gill, RN, IBCLC
- Elizabeth Jennings, RN, IBCLC
- Carolyn Black, RN, IBCLC
- Melissa Cote, RN, IBCLC
- Debra Smith, RN, IBCLC
- Celia Sweatman, RN, IBCLC
- Shannon Blaine, RN
- Vickie Johnston, RN, IBCLC

### Crestwood Maternity Center 256-880-4250

- Densie Firman, RN, IBCLC
- Christy Beitel, RN
- Jane Mitchell, RN, IBCLC

### Madison Hospital 256-265-5651

- Stacy Ramirez, RN, IBCLC
- Kristine Taff, RN, IBCLC
- Anne Sheaves, RN, IBCLC

### Other Counselors

- Glenni Lorick, IBCLC  
256-489-2590
- Melissa Florence, IBCLC  
256-489-2590

## Madison County

### Prenatal Breastfeeding Classes

- Madison County Health Department  
205-533-0826
- Huntsville Hospital Women's Center  
256-265-7440
- Crestwood Maternity Center  
256-830-0283
- A Nurturing Moment  
256-489-2590

### Postpartum Breastfeeding Support Groups

- Huntsville Hospital Women's Center  
256-265-7285
- Mommy Milk Meet-up  
256-489-2590

### Breast Pump/Supplies

- Madison County Health Dept.  
256-533-0826

### Breast Pump/Supplies

- Huntsville Hospital Women's Center  
256-265-7285

### Breast Pump/Supplies

- A Nurturing Moment  
256-489-2590
- Posh Mommy  
205-722-3181

### La Leche League Contacts

#### Huntsville Group

- Rachael 512-560-8609
- Stephanie 205-234-5792

#### Madison Group

- La Leche League-Madison  
Jana- 256-455-4746  
Stephanie- 256-348-9700

## Marengo County

### WIC Breastfeeding Counselors

**334-295-4205**

- Tina Parker, NA

### Breast Pump/Supplies

- Marengo County Health Dept.  
334-295-5735

## Marion County

### WIC Breastfeeding Counselors

**205-921-3118**

- Paige Taylor, RN

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Breastfeeding Pump/Supplies

- Marion County Health Dept.  
205-921-3118

## Marshall County

### WIC Breastfeeding Counselors

**256-582-7381**

- Robin Thornberry, RD, LD

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Marshall Medical Center South

**256-840-3465**

- Sherre Goble, RN

### Marshall Medical Center North

**256-571-8263**

- Courtnie Chaffin, RN, CLC
- Michelle Aldaz, RN, CLC

## Marshall County

### Prenatal Breastfeeding Classes

- Courtnie Chaffin, RN, CLC  
Marshall Medical Center North  
256-753-8263
- Sherre Goble, RN  
Marshall Medical Center South  
256-840-3439
- Marshall County Health Dept.  
256-582-3174
- Sherre Ratcliff, LPN, Boaz-  
Albertville Hospital  
256-593-8310

### Breast Pump/Supplies

- Marshall County Health Dept.  
256-582-7381
- Fitting Your Needs  
256-878-0105

## Mobile County

### WIC Breastfeeding Counselors

- Meridith Gardner, IBCLC  
251-690-8806

### Mobile Infirmary Medical Center 251-435-2525

- Ina Hall, RN, IBCLC
- Sandy Wallace, RN, IBCLC
- Melissa Blevins, RN, IBCLC
- Emily Williams, RN, CLC

### Providence Hospital 251-633-1749

- Marcia Ranew, RN, BS, CCE,  
IBCLC

### University South Alabama Children's and Women's Hospital 251-415-1285

- Tammy Doherty, RN, IBCLC
- Ann Slaughter, RN, IBCLC

## Mobile County

### Springhill Memorial Hospital 251-460-5207

- Eileen Lenoir, IBCLC

### Prenatal Breastfeeding Classes

- Mobile County Health Dept.  
251-690-8906
- Eileen Lenoir, IBCLC, Springhill  
Memorial Hospital  
251-460-5207

### Other Counselors

- Marcia Ranew, RN, IBCLC  
Providence Hospital  
251-633-1749
- Sandy Wallace, RN, IBCLC,  
Mobile Infirmary  
251-435-2525

### Prenatal Breastfeeding Classes

- USA Children's and Women's  
Hospital  
251-415-1069

### Breast Pump/Supplies

- Mobile Infirmary  
251-435-2525
- Springhill Memorial Hospital  
Pharmacy  
251-460-3870
- Mobile County Health Dept.  
251-690-8906

### Breast Pump/Supplies

- Children's and Women's USA Gift  
Shop  
251-415-1543

### La Leche League Contacts

- [michelleLLLmobile@yahoo.com](mailto:michelleLLLmobile@yahoo.com)



## Mobile County

### Postpartum Breastfeeding Support Groups

- Marcia Ranew, RN, IBCLC  
Providence Hospital  
251-633-1749

## Monroe County

### WIC Breastfeeding Counselors 251-575-3108

- Rosemary Robertson, RN
- Edna Cunningham, NA

### Monroe County Hospital 251-743-7355

- Cindy Jones, RN, IBCLC

### Breast Pump/Supplies

- Monroe County Health Dept.  
251-575-3108

### La Leche League Contacts

- Heather  
251-862-2663
- Jennifer  
251-248-2780

## Montgomery County

### WIC Breastfeeding Counselors 334-293-6400

- Sharon Perdue, NA  
293-6400 ext 2417
- Tina Allen, R.D.N.

### Eastbrook Training Clinic, 334-270-9263

- Carmalita Green, RD, LD

### Health Sevices, 334-834-5811

- Doris Harden, RD, LD
- Bettye Henderson, RD

## Montgomery County

### Baptist Medical Center East, 334-244-8360

- Psyche Wilburn, RN, IBCLC
- Linda Veach, RN, IBCLC
- Jill Buck, RN, IBCLC
- Tisha Powell, RN, IBCLC

### Jackson Hospital, 334-293-8497

- Liz Owen, RN, IBCLC
- Pam Mathews, RN, IBCLC

### Baptist Medical Center, South 334-286-2829

- Leanna Rambo, RN, CLC, IBCLC

### Prenatal Breastfeeding Classes

- Baptist Medical Center East  
334-244-8360
- Liz Owen, RN, IBCLC  
Jackson Hospital  
334-293-8497
- Eastrook WIC Training Clinic  
334-270-9263

### Breast Pump/Supplies

- Montgomery County Health Dept.  
334-293-6450
- Storkland  
334-277-2229
- Baptist East Gift Shop  
334-244-5077
- Jackson Hospital Gift Shop  
334-293-8821

### La Leche League Contacts

- Alina,  
LLL.Montgomery.AL@gmail.com

### Other Counselors

- Tangelia Boyd, IBCLC

## Montgomery County

### Postpartum Breastfeeding Support

- LaLeche Legue  
LLL.Montgomery.AL.gmail.com
- Baptist Medical Center South  
334-286-2829

## Morgan County

### WIC Breastfeeding Counselors 256-560-0611

- Pam Galbreath, RN
- Kisha Franklin, NA

### Decatur Morgan Hospital 256-341-2966 or 256-341-3455

- Britney Hood, RN, IBCLC
- Brandi Casteel, RN

### Other Counselors

- Rose Marie Sledd, IBCLC  
256-351-8151
- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Prenatal Breastfeeding Classes

- Morgan County Health Dept.  
256-560-0611
- Parkway Medical Center Pavilion for  
Women & Children  
256-301-3393 or 256-301-3499
- Decatur General Women's Center  
256-341-2966
- Debra Miller, Decatur OB/GYN  
205-353-0178

### Postpartum Breastfeeding Support Groups

- Decatur General Women's Center  
256-341-2966 or 256-341-3435
- Breastfeeding Resource Hotline  
256-341-3435
- La Leche League  
Huntsville Group

## Morgan County

### Breast Pump/Supplies

- Morgan County Health Dept.  
256-560-0611

### La Leche League Contacts

- Paige-256-874-3617
- Stephanie  
256-325-6780 or 256-348-9700
- Bethany -256-3452677

## Perry County

### WIC Breastfeeding Counselors 334-683-6155

- Rachel Todd, RD
- Tina Parker, NA, Uniontown  
334-628-6226

### Breast Pump/Supplies

- Perry County Health Department  
334-683-6155
- Union Town Clinic  
334-628-6226

## Pickens County

### WIC Breastfeeding Counselors 205-367-8157

- Jennifer Pate, NA
- Dorinda Jones, NA

### Breast Pump/Supplies

- Pickens County Health Dept.

## Pike County

### WIC Breastfeeding Counselors 334-566-2860

- Jody Lee, RD

### Prenatal Breastfeeding Classes

- Pike County Health Dept.  
334-566-2860

### Breast Pump/Supplies

- Pike County Health Dept.  
334-566-2860

### La Leche League Contacts

- Jodie Kilpatrick, 334-447-9157
- Kimberly Vega, 334-470-7056

## Poarch Band of Creek Indians

### WIC Breastfeeding Counselors 251-368-9136

- Jill Lee, DTR  
251-368-9136

### Prenatal Breastfeeding Classes

- Jill Lee, DTR  
251-368-9136

## Randolph County

### WIC Breastfeeding Counselors 334-863-8981

- Jenny Knox, RD

### Prenatal Breastfeeding Classes

- EAMC-Lanier Hospital
- 334-756-3111

### Postpartum Breastfeeding Support Groups

- EAMC-Lanier 334-756-3111

### Breast Pump/Supplies

- Randolph County Health Dept.  
334-863-8981

## Russell County

### WIC Breastfeeding Counselors 334-297-0251 or 334-297-5736

- Kourtnei Mitchell, NA

### Prenatal Breastfeeding Classes

- Russell County Health Department  
334-297-0251

### Breast Pump/Supplies

- Russell County Health Department  
334-297-0251

## Shelby County

### WIC Breastfeeding Counselors 205-664-2470

- Ann McClendon, RD, LD
- Suzanne Walker, NA
- Laura Griffin, RD, LD

### Shelby Baptist Medical Center 205-620-8262

- Vicki Tittle, RN, IBCLC
- Amy Lee, RN,

### Prenatal Breastfeeding Classes

- Shelby Baptist Medical Center  
205-620-8844

### Breast Pump/Supplies

- Shelby County Health Dept.  
205-664-2470

### La Leche League Contacts

- Shaylea, 501-804-8483
- Dawn, 205-988-0594
- Erica, 205-222-0081

## St. Clair County

### WIC Breastfeeding Counselors 205-338-3357

- Jennifer Bice, RD, LD
- Tia Johnson, RD

### Breast Pump/Supplies

- St. Clair Health Dept.  
205-338-3357

### La Leche League Contacts

- Alicia, 205-884-0804

## Sumter County

### WIC Breastfeeding Counselors 205-652-7972

- Jane Neill, RD

### Breast Pump/Supplies

- Sumter County Health Dept.  
205-652-7972

## Talladega County

### WIC Breastfeeding Counselors 256-362-2593 (Talladega)

- Anna Keith, RD

### WIC Breastfeeding Counselors 256-362-2593 (Sylacauga)

- Blair Sims, NA

### Citizens Baptist Medical Center 256-761-4200

- Teresa Reid, RN
- Jolene Lee, RN
- Angie Travis, RN

## Talladega County

### Prenatal Breastfeeding Classes

- Citizens Baptist Medical Center  
256-761-4200
- Talladega County Health Dept.  
256-362-2593

## Talladega County

### Breast Pump/Supplies

- Citizens Baptist Medical Center  
256-761-4200
- Talladega County Health Dept.  
256-362-2593

### Coosa Valley Baptist Medical Center 256-249-5539 or 256-249-5749

- Erica Martin
- Charlotte Hurst, RN

### Breast Pump/Supplies

- Sylacauga Health Department  
256-249-3807
- Coosa Valley Baptist Medical Center  
256-249-5749
- Citizens Baptist Medical Center  
256-761-4200

## Tallapoosa County

### WIC Breastfeeding Counselors 256-329-0531 (Alex City)

- Candelyn Harkins, NA

### Breast Pump/Supplies

- Tallapoosa County Health Dept.  
256-329-0531

### WIC Breastfeeding Counselors 256-825-9203 (Dadeville)

- Jenny Knox, RD

### Breast Pump/Supplies

- Tallapoosa County Health Dept.  
256-825-9203

## Tuscaloosa County

### WIC Breastfeeding Counselors

- Lee Ann Wagner, RD, LD  
205-562-6900

### Northport Medical Center 205-330-3037

- Jane Abel, RN, IBCLC
- Mary McAteer, RN, IBCLC

### DCH Regional Medical Center 205-750-5186

- Jan Norman, RN, IBCLC
- Vickie Lyle, RN, IBCLC
- Patti Kortbawi, RN, IBCLC

### Prenatal Breastfeeding Classes

- Tuscaloosa County Health Dept.  
205-562-6900
- Jane Abel, Northport Medical Center  
205-330-3037
- DCH Regional Medical Center  
205-750-5186

### Postpartum Breastfeeding Support Groups

- Tuscaloosa County Health Dept.  
205-562-6900
- Jane Abel, Northport Medical Center  
205-333-3037
- DCH Regional Medical Center  
205-750-5186

### Breast Pump/Supplies

- Tuscaloosa County Health Dept.  
205-562-6900
- Northport Medical Center  
205-330-3031
- DCH Regional Medical Center  
205-750-5186

### La Leche League Contact

- Jessica  
205-410-1934

## Walker County

### WIC Breastfeeding Counselors 205-221-9775

- Leigh Ann Colvin, RD
- Shirley King, RN

### Walker Baptist Medical Center 205-387-4858

### Breast Pump/Supplies

- Walker County Health Dept.  
205-221-9775

## Washington County

### WIC Breastfeeding Counselors 251-847-2245(Chatom)

### Breast Pump/Supplies

- Washington County Health Dept.  
Chatom  
251-847-2245

## Wilcox County

### WIC Breastfeeding Counselors 334-682-9217

- Kristy Wilkinson, RN
- Gwen Kennedy, RN
- Shanna Huggins, RN
- 

### Breast Pump/Supplies

- Wilcox County Health Dept.  
334-682-9217

## Winston County

### **WIC Breastfeeding Counselors**

- Carol Davis, RN  
205-489-2101

### **Other Counselors**

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### **Breast Pump/Supplies**

- Winston County Health Dept.  
205-489-2101

## AREA NUTRITION DIRECTORS AND COUNTIES

### AREA 1

**Dianne Lollar, MPH, RD** **205-295-4727**  
**Area Nutrition Director**

<b>Colbert</b>	<b>Tuscumbia</b>
<b>Franklin</b>	<b>Russellville</b>
<b>Lauderdale</b>	<b>Florence</b>
<b>Marion</b>	<b>Hamilton</b>
<b>Walker</b>	<b>Jasper</b>
<b>Winston</b>	<b>Double Springs</b>

### AREA 2

**Jessie Simmons, MS, RD** **256-340-2113**  
**Area Nutrition Director**

<b>Cullman</b>	<b>Cullman</b>
<b>Jackson</b>	<b>Scottsboro</b>
<b>Lawrence</b>	<b>Moulton</b>
<b>Limestone</b>	<b>Athens</b>
<b>Madison</b>	<b>Huntsville</b>
<b>Marshall</b>	<b>Albertville</b>
<b>Morgan</b>	<b>Decatur</b>

### AREA 3

**Renee Cole, RD** **205-554-4515**  
**Area Nutrition Director**

<b>Bibb</b>	<b>Centreville</b>
<b>Fayette</b>	<b>Fayette</b>
<b>Greene</b>	<b>Eutaw</b>
<b>Lamar</b>	<b>Vernon</b>
<b>Pickens</b>	<b>Carrollton</b>
<b>Tuscaloosa</b>	<b>Tuscaloosa</b>

### AREA 4

**Jeanne Baker, RD** **205-930-1536**  
**Area Nutrition Director**

<b>Jefferson</b>	<b>Birmingham</b>
------------------	-------------------

**AREA 5**

**Reba Brannan, MPH, RD  
Area Nutrition Director**

**205-685-4177**

<b>Blount</b>	<b>Oneonta</b>
<b>Cherokee</b>	<b>Centre</b>
<b>DeKalb</b>	<b>Fort Payne</b>
<b>Etowah</b>	<b>Gadsden</b>
<b>St. Clair</b>	<b>Pell City</b>
<b>Shelby</b>	<b>Pelham</b>

**AREA 6**

**Amy Minish, RD  
Area Nutrition Director**

**256-463-2296**

<b>Calhoun</b>	<b>Anniston</b>
<b>Chambers</b>	<b>Valley</b>
<b>Clay</b>	<b>Ashland</b>
<b>Cleburne</b>	<b>Heflin</b>
<b>Coosa</b>	<b>Rockford</b>
<b>Randolph</b>	<b>Roanoke</b>
<b>Talladega</b>	<b>Talladega</b>

**AREA 7**

**Denise Pope, MS, RD  
Area Nutrition Director**

**334-295-2412  
334-295-1000**

<b>Choctaw</b>	<b>Butler</b>
<b>Dallas</b>	<b>Selma</b>
<b>Hale</b>	<b>Greensboro</b>
<b>Lowndes</b>	<b>Hayneville</b>
<b>Marengo</b>	<b>Linden</b>
<b>Perry</b>	<b>Marion, Uniontown</b>
<b>Sumter</b>	<b>Livingston</b>
<b>Wilcox</b>	<b>Camden</b>

**AREA 8**

**Alisa Champion, RD  
Area Nutrition Director**

**334-293-6483**

<b>Autauga</b>	<b>Prattville</b>
<b>Bullock</b>	<b>Union Springs</b>
<b>Chilton</b>	<b>Clanton</b>
<b>Elmore</b>	<b>Wetumpka</b>
<b>Lee</b>	<b>Opelika</b>
<b>Macon</b>	<b>Tuskegee</b>
<b>Montgomery</b>	<b>Montgomery</b>
<b>Russell</b>	<b>Phenix City</b>



**AREA 9**

**Nancy Johnson, RD  
Area Nutrition Director**

**251-937-5859**

<b>Baldwin</b>	<b>Robertsdale</b>
<b>Butler</b>	<b>Greenville</b>
<b>Clarke</b>	<b>Grove Hill</b>
<b>Conecuh</b>	<b>Evergreen</b>
<b>Covington</b>	<b>Andalusia</b>
<b>Escambia</b>	<b>Brewton</b>
<b>Monroe</b>	<b>Monroeville</b>
<b>Washington</b>	<b>Chatom</b>

**AREA 10**

**Debbie Curran, RD  
Area Nutrition Director**

**334-393-5541**

<b>Barbour</b>	<b>Eufaula</b>
<b>Coffee</b>	<b>Enterprise</b>
<b>Crenshaw</b>	<b>Luverne</b>
<b>Dale</b>	<b>Ozark</b>
<b>Henry</b>	<b>Abbeville</b>
<b>Houston</b>	<b>Dothan</b>
<b>Pike</b>	<b>Troy</b>

**AREA 11**

**Elizabeth W. Smith, MPA, RD  
Area Nutrition Director**

**251-694-3949**

<b>Mobile</b>	<b>Mobile</b>
---------------	---------------