

## Health Habits

Client ID  Client Name  DOB

Date  Nurse Home Visitor ID  Nurse Home Visitor Name

Check one:  Pregnancy Intake  Pregnancy 36 Weeks  Infancy 12 Months

**I have some questions about smoking cigarettes. Many people smoke at least some time in their life. Sometimes women who are pregnant will smoke cigarettes before they know they are pregnant, or they may find it very hard to change a pattern of smoking once they start. These are questions about regular, nicotine cigarettes only. Joints or Marijuana will be asked about later.**

### Questions 1 and 2 are asked only at intake

1. During the 3 months before you became pregnant, how many cigarettes did you usually smoke in a day?  
 cigarettes
2. Did you smoke cigarettes at all during your pregnancy, including before you found out you were pregnant?  
 Yes  
 No
3. In the last 48 hours, HOW MANY cigarettes have you smoked? By 48 hours, I mean from (TIME AND DAY OF WEEK) to (TODAY AND TIME).  
 cigarettes
4. Do you use other forms of nicotine?  
 Yes  
If yes, please indicate the types of nicotine you use (please check all that apply).  
 Electronic cigarette (E-cigarette)  
 Patches  
 Dissolvable Tobacco (strips, sticks, orbs and compressed tobacco, lozenges)  
 Cigars  
 Smokeless tobacco (chewing tobacco and snuff)  
 No

**Now I am going to ask you some questions about alcohol. Many people drink alcohol at least some time in their life. Sometimes women who are pregnant will drink before they know they are pregnant, or they may find it very hard to change a pattern of drinking once they start. By alcohol, I mean beer, wine, wine coolers, and liquor, such as whiskey, scotch, gin, rum, or other types of drinks with alcohol in them.**

5. OVER THE PAST FOURTEEN DAYS, on how many DIFFERENT DAYS did you use alcohol?  
 days (if 0, skip to 7)

6. OVER THE PAST FOURTEEN DAYS, when you used alcohol, how many drinks did you USUALLY have PER DAY?

drinks

**Now I am going to ask you a series of questions about many other types of drugs. Sometimes women who are pregnant will use drugs before they know they are pregnant, or they may find it very hard to change a pattern of drug use once they start.**

These next questions are about marijuana, also called pot or weed.

7. OVER THE PAST FOURTEEN DAYS, on how many DIFFERENT DAYS did you use marijuana?

days (if 0, skip to 9)

8. OVER THE PAST FOURTEEN DAYS, when you used marijuana, how many pipes or joints did you USUALLY smoke PER DAY?

pipes or joints/day

**Now I am going to ask some questions about cocaine. This can be either powdered cocaine that you sniff OR crack cocaine that you smoke, or cocaine that you inject.**

9. OVER THE PAST FOURTEEN DAYS, on how many DIFFERENT DAYS did you use cocaine?

days (if 0, skip to 11)

10. OVER THE PAST FOURTEEN DAYS, when you used cocaine, how many times PER DAY did you USUALLY use it?

times/day

**Now I am going to ask you a few questions about other drugs that people use to get high. These include AMPHETAMINES, such as speed, uppers, reds, crystal, or ice; LSD, such as acid, blotter, or trips; other HALLUCINOGENS, such as peyote, ecstasy, mescal, or magic mushroom; PCP; AMYL NITRATE; or HEROIN, also known as smack, junk, speedball, or horse; INHALANTS (things that people sniff or huff in order to get high), such as spray paint, hairspray, gasoline, lighter fluid, glue, or paint thinner.**

11. OVER THE PAST FOURTEEN DAYS, on how many DIFFERENT DAYS did you use these other street drugs?

days (if 0 skip 12)

12. OVER THE PAST FOURTEEN DAYS, when you used street drugs, how many times PER DAY did you USUALLY use them?

times/day